

Weekly Schedule

Nd Pilates Pagkrati



ΔΕΥ

Πρωινά

Group Reformer

[08:00 - 08:50], [09:00 - 09:50]

Personal Cadillac & Duet Tower

[10:00 - 10:50], [11:00 - 11:50], [12:00 - 12:50],
[13:00 - 13:50]

Απογευματινά

Group Reformer - Personal Cadillac & Duet Tower

[17:00 - 17:50], [18:00 - 18:50], [19:00 - 19:50],
[20:00 - 20:50], [21:00 - 21:50]

ΤΡΙ

Πρωινά

Group Reformer

[08:00 - 08:50]

Personal Cadillac & Duet Tower

[09:00 - 09:50], [10:00 - 10:50], [11:00 - 11:50],
[12:00 - 12:50], [13:00 - 13:50]

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Πρωινά

Personal

[08:00 - 08:50]

Group Reformer

[09:00 - 09:50], [10:00 - 10:50], [11:00 - 11:50],
[12:00 - 12:50]

Personal

[13:00 - 13:50], [14:00 - 14:50]